

## free



retro-look apron with appliques

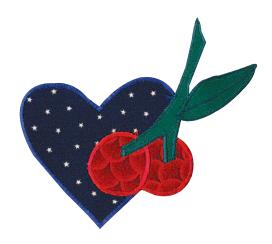
just ask, Jo-Ann

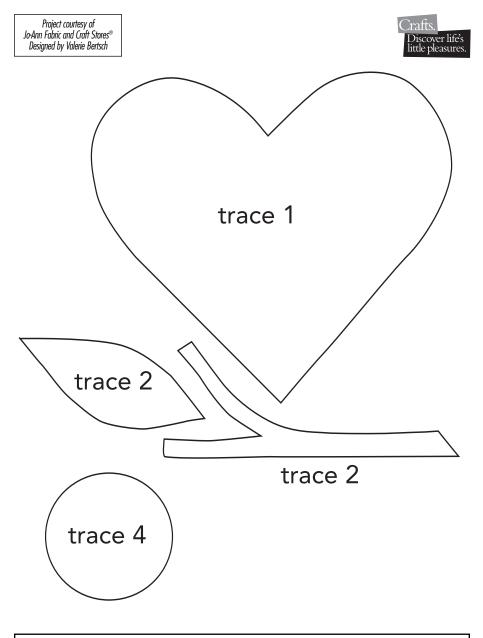
## **SUPPLIES & TOOLS:**

- Simplicity® pattern 3544, follow directions on pattern package for fabric and notions
- Fat Quarters<sup>™</sup>: red, blue, green
- Embroidery thread to match fat quarters
- 1/4 yd HeatnBond® Lite
- Basic sewing supplies
- Iron
- Sewing machine

## **DIRECTIONS:**

- 1. Follow Simplicity® pattern to make apron.
- 2. Trace included applique patterns on paper side of HeatnBond®, duplicating patterns as desired.
- 3. Cut apart applique pattern pieces at least 1/4" beyond drawn lines.
- 4. Lightly iron each applique pattern piece on the back of the appropriately colored Fat Quarter<sup>™</sup> and cut out along lines.
- 5. Peel off paper backing and place adhesive side down on apron in desired location.
- 6. Press lightly to adhere appliques to apron.
- 7. Thread the sewing machine with embroidery thread. Set machine to a zig-zag stitch with a stitch width of 3 to 4; short stitch length forming a satin stitch.
- 8. With the satin stitch, sew around each applique piece starting with the pieces that are behind the others. For example, the heart is behind the cherries and they are both behind the stem. Start with the heart and sew all around the edge with the zig zag stitch, mostly on the applique and just falling off the edge to the background fabric. Sew only the heart, stopping where the cherries and stem are over the heart edge. Next sew the cherries, starting with the one in back. Continue sewing around all applique pieces until completed.





Skill Level 2: Sewing experience needed

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